

Why vibration?



Sometimes just touching the lips, cheeks, tongue etc. is not enough. There is often not enough input to achieve the desired level of attention. .
Vibration is a useful tool to increase attention, especially for people with sensory deficits.

Please note: Vibration does not feel the same for everyone! Some people react less strongly or more strongly to this stimulus than others.

Ensure sufficient acceptance and trust!

As a general rule:

- Offer the Z-Vibe first without, then with vibration. The animal attachments or the lollipop attachment may also be the method of choice when it comes to arousing children's interest!
- Work from the outside to the inside. This applies to both the whole body and the oral area: first arms/legs, shoulders, neck, face and only then into the mouth.

Frequency and duration of therapy:

Depends on the individual and also on the stimulation/exercise offered. Stimulation of the tongue with the Preefer or Examiner attachment takes longer than, for example, showing the papilla incisiva with the Fine attachment.

General rule:

Offer stimulation, observe the patient's response and adapt the exercise/offer.

If you observe defensive reactions (turning the head away, pushing your hand away, grimacing, etc.), do something else before the child refuses stimulation altogether!





Can vibration cause epilepsy?

This question arises from time to time. Without having found any studies or scientific observations, my principle is always: if there is any uncertainty, you should always talk to the doctor/neurologist treating you.

I see my patients once a week, should the parents continue training at home?

As long as the parents have been well instructed, they CAN continue to work with the Z-Vibe.

In order to achieve therapeutic success, it is essential that the exercises are also practiced at home, stimulation can, but does not have to be part of it.

How to clean the Z-Vibe®?

The Z-Vibe® itself contains a battery-so the housing should not come into contact with water!

It is recommended to clean the Z-Vibe with a suitable disinfectant (alcohol or chlorine), for private use it is also sufficient to clean the Z-Vibe with a damp cloth.

How to clean the tips?

You can simply clean the attachments in the dishwasher. It is best to place them in the top drawer and use a dishwasher bag (also available in the LOGICANA store)!

For use in the practice, I recommend an aldehyde-free disinfectant.

How long will a battery last?

One battery can be used for approximately 24 hours.

More questions?



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We wish you great experiences with the products of ARK Therapeutics!

Yours, Melanie

